

Monika Wolff | Profile



What I spark

With sensitivity, clarity, and a strong ability to recognise patterns, I support leaders and teams in building neuroinclusive structures, strengthening innovation capacity, and making collaboration easier. I help to untangle complexity and transform it into clear, actionable next steps.

About Me

I am energised when complexity becomes clear, when structures start to make sense, and when people regain access to their own way of thinking and working. I am interested in what strengthens you – and what holds you back – so that you can return to your natural productive flow. I work in a structured way, with a deep understanding of neurodivergent perspectives and systemic dynamics. Analytical, human-centred, and curious about what happens between the lines.

Education

- Leibniz University Hanover, Institute for Mathematics & Physics: B.Sc. & M.Sc. Physics
Focus: laser physics, photonics, nanoplasmatics; minors: BWL, VWL
- ICFO, Barcelona: Research semester in imaging nanophotonics

Qualifications / Certifications

- Neurodiversity Coach, IPHM
- Data Science Bootcamp, easy datascience
- Agile Coach & Transformation Consultant, Dr. Kraus & Partner
- GPM/IPMA Level D, PM-Zert; QUITE by PMI, DAA

Languages

- German (native)
- English (business fluent)
- French (fluent)

Main Focus Areas

- Neurodiversity & inclusive collaboration
- Innovation processes & creative problem-solving
- Agile leadership & team dynamics
- Psychological safety & communication culture
- Strength diversity & individual working styles
- AI-enabled tools (ML & LLMs) & future skills

Coaching Expertise

- Active in coaching for leaders and teams for 5 years; >80 coachees
- Since 2025, focused on neurodivergent professionals and leaders
- Core areas of expertise: neuroinclusive leadership & work environments, values & strengths-based development, empowered communication & conflict skills, agile collaboration, creative problem-solving, pattern & bottleneck analysis within teams

My Philosophy and Values

I bring many years of experience from data-driven IT projects, innovation environments, and agile organizational structures – as an analyst, process designer, and sparring partner for people-leads. Structured in approach, clear in communication, and attentive to the individual thinking and working styles within a team. Today, I combine analytical depth with creative intuition – creating spaces where structure and individual strengths can flourish equally. As a consultant, coach, and trainer, I support people and organisations in gaining clarity and taking effective action.

I look forward to working together.